

NORTHWEST CATHOLIC CONFERENCE VOLLEYBALL LEAGUE RULES

(Updated 9-2-25)

Conference Team Rules

1. Follow all OCS, IDPH and Archdiocese Covid-19 Guidelines
2. NO switching sides. Exception will be a gym such as QR that has an obvious serving side disadvantage. Switching sides will be allowed at this gym.
3. Procedure for canceling or postponing any given match.
 - a. All changes must be made through the athletic directors. Changes cannot be made within 48 hours unless cleared by the Executive Committee and/or VB assignor. If a match is canceled within 48 hours without permission, the canceling team will pay the official a (1) game fee.
 - b. Please notify the other team's AD/Coach and then call **Jeff Schwarz** or email coachjeff1@aol.com.
 - c. If the Executive Committee and/or the Volleyball Assignor are unaware of a schedule change, your team will be given a forfeit because the score was not called in.
4. A student-athlete may play up a grade but may not play down a grade, unless approved by Athletic Directors prior to season.
5. Every school must carry a roster of all team members, numbers. The head coach must have a roster available for the first game.
6. Scores should be reported to **John Collins at 847-867-9502** or email @nwcgcscores@comcast.net. Please report all 5th, 6th, 7th, and 8th grade scores
REPORTING OF SCORES: Home team must report scores within 48 hours of the games.
Note: Failure to report scores in 48 hrs. will result in a Forfeit for the Home team.
7. Referees should arrive **no later than 20 minutes** before game time.
8. Chanting and cheering is **not allowed** after the Referee blows the whistle for serve.

Conference Court Rules

1. Home team shall
 - o Supply (2) good quality game balls, clean balls between matches.
 - o **Supply a volley lite ball for 5th grade matches ONLY.**
 - o Supply an official scorekeeper with a score sheet and time clock.
 - o Have floor tape at the scorers table for the 25 ft serving line if you have 5th and 6th grade teams.
2. Padding on poles is required; no games can be played without padded poles or a referee stand.

3. **Referee fee is \$50 per match. The home team pays the referee fee. Single matches will be \$63. Schools may use vouchers to pay referees.**
4. All referees should be paid prior to leaving the gym.
5. Warm ups: (3) minutes passing; (3) minutes visitor hits; (3) minutes home hits; (2) minutes both teams serving
6. The serving line for 5th/6th grade teams is 25 ft (**overhand or underhand**)
Note: If an athlete is a strong overhand server, after (5) serves the athlete must serve behind the end line.
Note: No athlete will have a CAP on the number of points they serve.
7. Unnecessary 3rd games can be played if time permits. All unnecessary 3rd games will be stopped 15 minutes before the next scheduled game. If there is no match following, there is no time constraint on the 3rd game. All unnecessary 3rd games are played to 25 points if time permits.
8. A team must start with at least 5 players or forfeit. When a team starts or is playing with fewer than 6 players, a point shall be awarded to the opponent each time the vacant position is in the right back/serving position. Ghost rule shall be used.
9. **No CAP score.**

IHSA Game Rules (IHSA rules will apply unless otherwise noted)

All IHSA Rules can be found on the NFHS website at www.nfhs.org

1. Rally scoring will be used. 2 out of 3 games to 25 points in a match for 5th, 6th, 7th and 8th. Win by 2. No cap score.
2. 2 timeouts per game. There is no 3rd timeout with Rally score. Time outs do not carry over game to game. Timeouts will be full 60 seconds, even if the team who called the timeout is ready to begin play before 60 seconds. If both teams are ready to play before 60 sec has run off, the game can begin at that time. An audible signal will sound at 45sec.
3. **STUD EARRINGS WILL BE ALLOWED**, but no other type of earring or any other jewelry can be worn. Soft barrettes/ribbons are legal.
4. The net height is 7 feet 4.25 inches for both boys' and girls' games for all grade levels.
5. **Team rosters should be brought with coaches to the pre-game meeting with the officials prior to game and between games, a written line up shall be submitted to the scorer.** You may circle your first server. The first server of the game is the player in the right back position for the serving team. The first server of the game for the receiving team is the right front player. Coaches should submit their lineup in column form, with the first server being written on the top. Official(s) will penalize the offending team if the lineup on the court does not match the lineup at the scores table.
6. Upon entering the gym, the home team selects the team bench/side. Visiting team calls a coin toss (serve or receive). If a third game is required, the home team calls the coin toss (serve or receive or side). Coin tosses should be conducted in front of the table.

7. Net ball on serve is legal. Thus, a ball that hits the net and goes over is legal.
8. Proper game protocol will be used. Teams will start the match on the end lines and finish all games on the end lines.
9. Substitution Rules (see Rule 10). Each team is allowed 18 subs per game. Starting the game does not count as a sub. Each player is allowed unlimited entries within the team limit. Subs should enter the sub zone one at a time. Other subs should wait just behind the 10 foot line.
10. Multiple contacts are allowed on any first ball over the net. (This includes serves and during rallies.) The IHSA rule 9-4-8 reads as follows:
 - Multiple contacts are more than one contact by a player during one attempt to play the ball. Multiple contacts are permitted only:
 - When the first ball over the net rebounds from one part of the player's body to one or more other legal parts in one attempt to block on any first team hit, whether the ball is touched by the block.
11. Players may legally contact the ball with any part of their body.
12. Players may not block a serve. The ball must go back over the net for it to be a completed block.
- 13. On the second team hit, the ball may contact various parts of the body consecutively, provided that the contacts occur during one action and the ball is next contacted by a teammate. If the ball completely crosses the net or is first touched by the opponent after multiple contacts on the second team hit, a double hit fault will be called. For example: if any court player sets the second ball (terms used- spins, comes out of the players hands ugly) and a third player makes contact, this is legal now. However, if the second contact is set over the net and/or the third contact is set over the net and in the judgement of the official they deem it to be multiple contacts this is a fault. If the second or third contact is deemed to be a lift or carry by any player, in the judgement of the official, it is a fault and sideout. This new rule has been enacted by the NCAA, NFHS and many other organizations to keep the spirit of the game moving along.**

NORTHWEST CATHOLIC CONFERENCE VOLLEYBALL PLAYOFF RULES

- All teams must bring money for refs, the host school is not responsible for paying the refs; Schools are allowed to pay referees by Vouchers.
Note: All schools paying by vouchers must have it filled out prior to the start of the game.

- Teams will pay the officials' \$50 each for all matches (**Quarter final and play-in games only**). If it ever turns out to be a single match, for whatever reason, it is an extra \$15...which we will address if it comes to that.
- The host school will run the clock/scoreboard for all games/matches.
- The NWCC Finals are separate from the regular season standings.
- Matches will be the best 2 out of 3 games. **No 3rd game unless necessary**
- 2 Timeouts per game. Time outs do not carry over.
- The higher seeded team (i.e., lowest #) for each match must provide an adult to keep the book. They will also be considered the home team.

<p>Current NWCC rules should be followed unless noted below.</p>

1. NWCC will pay the officials for the Finals games.
2. Two officials will be used for Play-in to Semi-final games/matches. Two officials will be used for the Finals as well
3. **Team rosters need to be brought with coaches to the pre-game meeting with the officials. Lineups should be at the scores table (2) minutes before the game/match starts and (1) minute between games. Official(s) will penalize the offending team if the lineup on the court does not match the lineup at the scores table.**
4. Games are not guaranteed to start at the hour. Teams need to be ready to play 1/2 hour before the scheduled time.
5. Winners of the 1st matches may play a 2nd time the same night.
6. Conduct the coin toss immediately after the previous match and start the warm-ups right after the toss.
7. The home team will be the team with the better seed (lower #seed).
8. The home team chooses the bench for the first game and the visiting team calls the toss.
9. **If a third game is necessary, the home team calls the toss.**
10. There will be individual trophies given for 1st - 2nd - 3rd places for Final standings at regular season end for 7th + 8th grades.
11. The Traveling Trophy will be awarded to the winning team. Medals will be awarded to both schools playing in the championship game.